



North Andover Soccer Association Safety Plan

5/19/2021

1. The Vice President is the COVID officer for the association.
2. Each team must have a COVID coordinator. The coaches can share this job as long as the tasks are completed for each session.
3. Parents must sign a waiver before their children can participate. All players registered for the season have signed the waiver and are ready to play.
4. Before each practice or game, parents must fill out the health check form in TeamSnap.
5. Attendance shall be taken and kept for each practice and game in case it is necessary to contact families.
6. Any player who has signs or symptoms of COVID-19 in the past 14 days or who has been exposed to someone who has been ill in the last 14 days must not participate.
7. All players must take their temperature before coming to a play session. Any player who has a fever of 100 degrees or higher must inform the coach and stay home until they are fever free without medication.
8. If any player or relative of a player finds out they have COVID-19, the parents must notify the coach and NASA by e-mailing covid@nasoccer.com. The identity of the player shall not be disclosed to the team. The COVID Officer shall notify the team using the Mass Youth Soccer COVID notification form found here:
https://www.mayouthsoccer.org/assets/61/6/covid_diagnosis_notification_form.pdf
9. At the start of each activity, the COVID coordinator will ask the player how they feel, and send them home if they have COVID-19 symptoms (Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, congestion or runny nose) only to return with a doctor's note.

10. All players, coaches, referees, facility workers and spectators must wear face coverings when entering and exiting the facility.
11. There is no limit to the number of spectators as long as all spectators can maintain 6 feet of social distancing from their family unit.
12. Players must arrive dressed and ready to play.
13. No benches shall be used. Players can bring their own chairs.
14. Each player shall have a spot to keep their belongings at least 6 feet apart.
15. Players must provide their own water.
16. No food allowed on the fields.
17. Bathroom availability may be limited.
18. Coaches shall be the only ones to touch the team equipment such as cones or goals.
19. Any pinnies used must be washed after each use.
20. No congregating on the field or in the parking lots.
21. All trash must be removed by the person who brought it.
22. Coaches are encouraged but not required to track the names of spectators at the soccer game to facilitate contact tracing if necessary.
23. When traveling to other towns, follow all rules as provided by the host town.
24. Arrive no more than 15 minutes before your activity, or wait in your vehicle until 15 minute before your activity. Depart promptly at the end of the activity.

Return to Play Guidelines

This section covers how to handle a variety of scenarios.

For any of these scenarios, please send an e-mail to covid@nasoccer.com to indicate that you have completed the steps before returning to play. You do not need to provide any medical documentation, simply inform us that you have had a negative test, quarantined, or have approval from a doctor. Thanks!

Player has Covid-19 symptoms

To return to play the player must do one of the following:

- Get a negative result on a covid-19 test
- Have a doctor rule out covid-19 as the cause of the symptoms
- Quarantine for 14 days without symptoms

Player is notified that they are a close contact

To return to play the player must do one of the following:

- Get a negative result on a covid-19 test
- Quarantine for 14 days without symptoms

Family member or close contact tests positive for Covid-19

To return to play the player must do one of the following:

- Get a negative result on a covid-19 test
- Quarantine for 14 days without symptoms

Coach or Player tests positive for Covid-19

To return to play, the player must have a negative result on a covid-19 test or be symptom free for 14 days.

Game Guidelines

To safely play games, please follow these guidelines.

Spectator guidelines

- Spectators must be six feet apart and remain eight feet away from the sideline
- Spectators shall wear masks until they are seated. Masks can then be removed.

Mask guidelines

- Players do not need to wear masks while playing the game.
- Coaches and referees do not need to wear masks if they can maintain social distancing.

Coach Guidelines

Before the activity

- Read and understand the rules of the safety plan
- Plan activities that will conform to the guidelines and allow safe development
- Communicate with all participants to ensure they understand the plan

Start of the activity

- As players arrive, ensure that they have completed the health check in TeamSnap.
- Greet players and ensure they are feeling well.
- Designate areas for players to keep belongings with six feet between players.

During the activity

- Coaches shall wear masks when they cannot socially distance.
- Provide hand sanitizer to players as needed

After the activity

- Ensure that any trash is removed by the players who brought it
- Ensure there are no gatherings of kids or families at departure
- Coach must clean up all equipment
- Coach must wash any used pinnies before they are used again.

Communication

- If a player or family member gets sick, notify by emailing covid@nasoccer.com

Parent Guidelines

Before the activity

- Read and understand the rules of the safety plan
- If your child is not feeling well, keep them home and notify the coach
- Take your child's temperature and if it is above 100 degrees, keep them home and notify the coach
- Ensure your child uses the bathroom, as there may not be bathrooms at the fields
- Complete the health check in TeamSnap before each activity
- Send your child to the field prepared with:
 - Water
 - Tissues and hand sanitizer
 - Dressed and ready to play, wearing shin guards and shoes
 - Their ball
- Do not send:
 - Food
 - Gum

During and after the activity

- Wear a face covering when entering and exiting.
- Remain six feet apart from all other spectators
- Do not congregate in groups on the field or in the parking lot
- Depart promptly

Communication

- If you or someone in your family is diagnosed with COVID-19, notify your coach and e-mail covid@nasoccer.com
- If you have any questions or concerns that your coach cannot address, email covid@nasoccer.com

Player Guidelines

Before the activity

- Read and understand the rules of the safety plan
- If you are not feeling well, do not attend an activity
- Take your temperature and if it is above 100 degrees, stay home and notify the coach
- Use the bathroom, as there may not be bathrooms at the fields
- Ensure that your parent or guardian has completed the health check in TeamSnap
- Come to the field prepared with:
 - Water
 - Tissues and hand sanitizer
 - Dressed and ready to play, wearing shin guards and shoes
 - Your ball
- Do not bring:
 - Food
 - Gum

During and after the activity

- Wear a face covering when entering and exiting the field
- Your coach will provide you with a location to keep your things